Asian Americans

Ten Leading Causes of Death

1. Cancer
2. Heart Disease
3. Stroke
4. Diabetes
5. Unintentional Injuries
6. Influenza and Pneumonia
7. Chronic Lower Respiratory Diseases
8. Nephritis, Nephrotic Syndrome, & Nephrosis
9. Alzheimer’s disease
10. Hypertension

Asian Americans:

- Are twice as likely to die from liver and IBD cancer, as compared to non-Hispanic whites
- Have lower rates of being overweight or obese
- Have lower rates of hypertension
- Are less likely to be current cigarette smokers
- Lower percentages of adults receive mental health services and prescription medications

Asian American Women:

- Are 2.8 times as likely to have stomach cancer
- Are 30% less likely to have breast cancer
- Have an incidence rate for liver and IBD cancer of almost two times higher than women of other racial groups
- Have subgroups that are less likely than others to receive early and adequate prenatal care
- About 8 to 9% of their babies born with low birth weight
- Have lower infant mortality rates than overall population
- Have the highest rate of gestational diabetes compared to all other race and ethnicities
- Are 76% more likely to develop stomach cancer

Asian American Children:

- Adolescents reportedly have the highest rates of anxiety and depressive symptoms
- Infants are 40% more likely to die from maternal complications
- About 20% were overweight, and higher among males (24.9%) than females (15.2%)

Sources:


See reverse for information on AFRICAN AMERICAN and HISPANIC AMERICAN statistics
CULTURAL AWARENESS HEALTH CARE DATA

African Americans

Ten Leading Causes of Death:
1. Heart Disease
2. Cancer
3. Stroke
4. Diabetes
5. Chronic Lower Respiratory Disease
6. Kidney Disease
7. Homicide
8. Septicemia
9. Alzheimer’s Disease
10. Hypertension

African Americans:
- Are twice as likely to have a stroke
- Have the highest prevalence of hypertension; more than 40% of men and women have high blood pressure
- Are 60% more likely to be diagnosed with diabetes and twice as likely as non-Hispanic whites to die from diabetes
- Have the highest mortality rate for all cancers combined compared with any other racial and ethnic group
- Are most commonly diagnosed with prostate cancer
- Have 18.3% of adults who smoke, with men at 21.8% and women at 15.4% (2017)

Sources:

Hispanic Americans

Ten Leading Causes of Death
1. Cancer
2. Heart Disease
3. Unintentional Injuries
4. Stroke
5. Diabetes
6. Chronic Liver Disease
7. Chronic Lower Respiratory Diseases
8. Alzheimer’s Disease
9. Influenza and Pneumonia
10. Kidney Disease

Hispanic Americans:
- Are 70% more likely to be diagnosed with diabetes
- Are twice as likely to be hospitalized for treatment of end-stage renal disease related to diabetes
- About 25% have high blood pressure (2017)
- Account for almost 25% of all HIV infection cases
- Are 1.2 times more likely to be obese than non-Hispanic whites
- Are 30% less likely to receive the flu shot, 30% less likely to be fully immunized against hepatitis

Sources:
- Centers for Disease Control and Prevention (2020). Hispanic Health | Vital Signs | CDC. Center for Disease and Control.

African American Women:
- About 4 out of 5 are overweight or obese – highest rate of obesity compared to other groups in the U.S.
- Are twice as likely to be diagnosed with stomach cancer
- Have higher incidence rates for breast cancer
- Are 60% more likely to have high blood pressure
- Are 2.3 times more likely to receive late or no prenatal care
- Death rate of cervical cancer is higher than for women of other ethnicities

African American Children:
- Have 2.3 times the infant mortality rate as non-Hispanic whites
- Have a 11.0 infant mortality rate per 1,000 live births
- Are twice as likely to have asthma and three times as likely to die from asthma
- Are more likely to attempt suicide, ages 15-24

Hispanic American Women:
- 78.8% are overweight or obese
- Teenage birth rates are more than two times higher than non-Hispanic white teens
- Have low rates for screening for cervical cancer despite having one of the highest incidence of cervical cancer
- Are twice as likely to receive late or no prenatal care compared to non-Hispanic white mothers
- Are 20% less likely to receive HPV vaccine

Hispanic American Children:
- Are 1.8 times more likely to be obese
- Infant mortality rate ranges from 4.0 per 1,000 live births to 6.5 per 1,000 live births
- Have the lowest prevalence of low-birth weight infants compared to other Hispanic or non-Hispanic groups
- Have infant mortality rates slightly higher than those for Non-Hispanic Whites

Sources:

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